**THINKING ABOUT YOUR THINKING - METACOGNITION**

The Habit of Mind (HOM) focus for weeks 7 and 8 of Term 2 is “Thinking about your Thinking - Metacognition”. Metacognition requires us to think about thinking and our emotional responses. When you practice the habit of Metacognition your thinking becomes more complex and deeper, and you develop the ability to clearly define what the actual problem is. The core element of this Habit is to “know your knowing”, being aware of your own thoughts, strategies, feelings and actions and thinking about the effect these may have on others.

Some things you can do to assist your child/ren’s development of this are:

- Think out loud so that your children can hear your thoughts
- Use lots of thinking words like imagine, predict, analyse and wonder
- Ask your child about how they came up with a solution - “what were you thinking when you created that lego castle?”

A video that allows you to practice your metacognition can be found at the following link:

https://www.youtube.com/watch?v=QkGiplxftYA

**Infectious Disease Policy – Recommended exclusion periods from school**

It hasn’t taken long for the winter bugs to take hold! Many students are struggling with coughs and colds and though there is no official DECD policy regarding return to school for common colds, it is advisable to keep children at home to recover until they are well enough to participate in all regular school activities.

Gastroenteritis (vomiting and diarrhoea) is also going through many classes at the moment. Two students have been hospitalized due to the severity of their symptoms. The recommendations for exclusion are that a clear 24 hours from the last vomit or bowel action should be observed before students return to school. This is the minimum requirement and many parents choose to exclude for 48 hours to allow children to recover fully and resume normal eating and toileting patterns. Thank you for abiding by these recommendations and working with us to stop the spread of infectious diseases and maintain the healthiest school environment possible.
REMINDER - ELECTION DAY BBQ AND BAKE SALE

Only three days after the Bunnings Fundraiser we have yet another opportunity to promote our school at the polling booths here at Surrey Downs, as the community members flock in to cast their vote at the recently called Federal Election. We will be starting early and catching the very first voters as we fire up the BBQ and serve mouthwatering egg and bacon sandwiches. Hopefully the enticing smell, plus the onsite coffee van we have organized, will bring in some money whilst feeding the hungry voters! Later in the day we will add sausages and onions to the menu, providing a welcome snack as the voters wait in line. We will also hold a Bake Sale and are hopeful that members of our school community will donate some goodies to sell to the voters. Please ensure all ingredients are listed if you are able to donate and put an approximate cost on your item to save the volunteer’s time on the day. If you would be willing to help out on the election day we would be most grateful. We will be running two BBQs and selling cool drinks, so ideally we need at least 4 volunteers at any time. If you are able to spend an hour or so helping out before or after you come to vote please call in to the front office and add your name to the roster. Alternatively, you may like to work on the Bake Sale for an hour.

Egg Donations - REMINDER

When holding previous fundraisers on election days we have had an amazingly generous family who donated free eggs as they had access to large quantities of free range eggs. This donation ensured we made an excellent profit. Unfortunately, as this contact no longer has enough happy, laying chooks, we will be seeking donations of eggs from our school community. Please consider donating a dozen, or even a half dozen eggs, to keep our expenditure down and our profits up! Let Janet know in the office if you would be willing to donate.

Disability Parking Area Vine Street

Please be aware this zone needs to be kept clear regardless of the weather or the length of time you intend to be parked. The Council will be monitoring this Zone regularly. As it can be seen from the photos, the whole area is required by the Ambulance Paramedics as well as the parents of one of our students in a wheelchair. Our need for the Paramedics will be ongoing, so please don’t block access to the ramp and keep this zone clear at all times. Thank you for your support.

Charles Campbell College
School Tour
Bookings Essential ph 8165 4700
Fri 17 June 2016 9.00am

Charles Campbell College R-12 School
Multi Arts program for all year levels
Access to specialist facilities for all year levels
Vocational Education and University Pathways
Convenience of R-12 setting for families
Selective Entry Performing Arts
* Dance * Drama * Music
Applications for 2017 close 10 August 2016
Selective Entry Elite Sports
* Netball * Football
Applications for 2017 close 10 August 2016
3 Campbell Road
Paradise SA 5075
T 8165 4700
F 8165 4750
www.ccc.sa.edu.au
E dl.1028.info@schools.sa.edu.au

Scholastic Book Club
Orders Due
Friday 17th June

What a great effort by Kaiden from Rm 4 in making his hat for crazy hat day.

Bunnings Sausage Sizzle – REMINDER

We are still in need of volunteers for the Bunnings Sausage Sizzle. If you would be happy to help cook and serve on the day, please pop in to the front office and add your name to the roster. Even an hour would be great!

ELECTION DAY BBQ & Bake Stall

SATURDAY 2nd July
BBQ 8am & Bake Stall 9am to 3pm

MODBURY

BUNNINGS
WAREHOUSE

SURREY DOWNS R-7 SAUSAGE SIZZLE
WEDNESDAY 29TH JUNE
9AM TO 4PM
Care For Children Is Always Available

Winter can be a busy time for emergency departments and it is important to consider if it really is an emergency. During the 2015 winter period, South Australian public hospitals saw nearly 1000 more presentations to emergency departments than the previous winter.

For minor illness or injury, there are a range of other care options to consider, including your local GP or pharmacy. Local health services, including information about after hours services, can be found through the National health services directory at www.nhsd.com.au.

If it is an emergency, emergency care for children is available 24 hours a day, seven days a week. Some conditions that are not life-threatening for an adult can be more serious for babies and young children. In particular, young babies with fever need to be assessed by a doctor. In an emergency or life threatening situation, always call triple zero (000) for an ambulance.

For more information, including emergency department locations and information about other care options visit www.sahealth.sa.gov.au/careforchildren

Staff Profile – Liz Rayner

What is your role at Surrey Downs?
I teach year 4/5’s. I also love running the ICAS competitions.

How long have you been teaching?
I have been teaching for 42 years.

What is your favourite thing about teaching?
I love seeing the children’s development over the year both educationally and as people. I also love running into students whom I’ve taught over the years and they’re keen to tell me all about their lives.

What are the things you do outside of school?
I love gardening, reading and listening to live music. I’m hooked on reality TV shows. I also love going to the movies and travelling.

Tell us about you – What would our school community be surprised to know about you?
About 16 years I was on an ABC Quiz Show called Flashbacks. I lasted for 2 episodes and only won a voucher to the ABC shop. I recently tried out for Millionaire Hot Seat and got through the auditions but am still waiting for the call!

Screen Lab

A monthly after school hours computer club
For 8—12 year olds. Coding, robots, game making and more

Upcoming dates:
Wednesday 15 June & 13 July
3:45-5pm in the Mac Training Room

Bookings are essential online cttg.sa.gov.au/libraryevents

High School Options for year 6 and 7 Students

Charles Campbell College would like to invite year 6 & 7 students to the attached auditions and tryouts.

Orchestra, Application due Friday 17th June, Auditions Wednesday 6th July
Performing Arts, Application due Wednesday 26th October, Auditions, 2nd November
Elite Sports (Football & Netball), Application due Wednesday 26th October, Trials Thursday 10th November

Applications are available from the Front Office at Surrey Downs

Cadbury Fundraiser

Chocolates were distributed this week.

If anyone missed out on ordering a box for selling or would like another box, please see the staff in the Front Office.
Money from the sale of all chocolates are due by Monday 4th July.

Entertainment Books

We only have 6 books left to sell.

A display book is in the office for perusal and if you would like to buy a book please ask the Front Office Staff
Once upon a time, there was a hungry fox who was looking for something to eat. He was very hungry. No matter how hard he tried, he could not find food. Finally his search for food took him to the edge of the forest.

Suddenly, he saw a big tree with a hole in it and inside the hole was a package. The hungry fox thought there might be food in the package and he became very happy. He jumped into the hole and when he opened the bundle he saw there was a lot of food. There was bread, meat and fruit! Yum! Just what he was looking for!

An old woodcutter had placed the food in the tree trunk while he went about his work. He was saving it for his lunch later in the day. Well, the fox ate all the food that was in the package. He didn’t even think about how the woodcutter would feel having no lunch.

After he had finished eating the fox felt very thirsty. He decided to leave the trunk and drink some water from a nearby spring. But guess what? No matter how hard he tried, the Fox could not get out of the hole. Do you know why? That fox had eaten so much food that he became too big to fit through the hole.

The fox was very sad and upset. He told himself, “I wish that I had thought a little before jumping into the hole. This is what happens when I don’t think about my thinking.”

You see, the fox was so busy thinking about food that he forgot to think about the woodcutter. He forgot to think about what would happen to his tummy and he forgot to think about what he could have done instead of climbing in the hole and eating all the woodcutter’s food. Silly fox. He needs to go to School and learn the Habit of Mind – Thinking about your thinking (or metacognition).

A community event like the Biggest Morning Tea cannot happen without the support of our school community and those in our local community. We would like to thank all those who supported the Biggest Morning Tea at Surrey Downs R-7 School. In particular: Kickstart for Kids, Café Verde and Get Fresh at Fairview Green Shopping Centre, Barossa Fine Foods at Golden Grove Village, Sonny’s Bakery and Foodland at Surrey Downs Shopping Centre, Parents, Staff and Trinity North East, Trinity Golden Grove and St Mark’s Anglican Church.

The money raised from this event funds resources to support GPs and health professionals advising patients on cancer prevention, screening and diagnosis. A cancer nurse is available on their free confidential telephone service (13 11 20) to offer support on all aspects of cancer. The money continues to support childcare centres and primary schools taking part in the National Sunsmart Schools Program. It helps fund the provision of telephone and web-based support groups facilitated by trained peer volunteers and health professionals and brings ground-breaking research into new and better ways to prevent, diagnose and treat cancer.